# ANALYZED PARAMETERS

NUTRIENT MINERALS	TOXIC MINERALS	OTHER MINERALS	
SILVER BORON CALCIUM COBALT CHROME IRON PHOSPHO- ROUS LITHIUM	ALUMINIUM ANTIMONY ARSENIC BERYLLIUM CADMIUM MERCURY LEAD	BARIUM	
MAGNE- SIUM MANGANE- SE MOLYBDE- NUM NICKEL			
POTASSIUM COPPER SELENIUM SODIUM TIN STRONTIUM VANADIUM ZINC			

In your city, you can contact:

#### OTHER DIAGNOSTIC TESTS CARRIED OUT BY NATRIXLAB:

- FOOD INTOLERANCE TEST: assessment of food intolerancewith the ELISA (Enzyme Linked Immuno Sorbent Assay) method.
- GLUTEN SENSITIVITY TEST: non-celiac gluten sensitivity evaluation.
- HORMONAL PROFILES: Weight Loss, Stress, Sport, Goodnight, Woman (Fertility\Menopause), Man.
- ANTI-AGING PROFILE: (Free Radical Test + Antioxidant Capacity Test) global assessment of oxidative stress.
- LIPIDOMIC PROFILE: Evaluation of plasmatic or membrane fatty acids profile.
- CHECK UP PROFILES: Prevention of the main diseases of organs and systems.
- IN FLORA SCAN: The most in-depth assessment panel for intestinal health.



# 6

Your NUTRITIONIST ALWAYS BESIDE YOU

After the analysis, you can request on-line a specific nutrition program through the telemedicine service called "**Telenutrizione**". A team of doctors and nutrition specialists can assist patients during their nutrition program. For further information, visit the site.

#### www.telenutrizione.com

For more information you can contact us from Monday to Friday from 09:00 to 13:00 and 14:00 to 18:00 (+39 0522 232606).



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# MINERAL EVO (M.E.)

# Complete analysis of tissue minerals

# MICRONUTRIENTS



Minerals are fundamental regulators of all the functions and activities the body performs every day.

Unbalanced diet, abuse of drugs, stress, smoke, pollution, illness can create deficiencies and numerous disorders. Therefor it is fundamental to monitor the balances between nutrient and toxic minerals, which can affect our health and wellbeing.

# MINERALS

Minerals are fundamental for the correct functions of the human organs and apparatus and all metabolic processes, working as activators or inhibitors in the majority of enzymatic reactions.

Unbalanced concentrations can be due to nutritional deficiencies, stress factors, environmental pollution, constant exposure to an environment rich in heavy metals, which can all cause various disorders: behavioural like anxiety, depression, panic attacks, attention deficits or chronic fatigue, chronic pathologies and many other problems that are difficult to understand without the aid of an analytical test.

#### THE TRACE MINERAL ANALYSIS

The tissue mineral analysis (trace mineral analysis) is conducted on a hair sample, to evaluate the level of essential minerals for health and the main toxic minerals in body cells in the three/ four months prior to the analysis.

Unlike blood tests, which photograph the state of the body at the time the sample is effectively taken, the hair analysis measures the average mineral level in the cells over a longer time period.

The level of minerals that is read better corresponds to the level the tissue effectively reaches, and which is involved in the cell renewal and repair mechanisms and also in the metabolic processes High mineral levels can often indicate their low bioavailability, and therefore their reduced activity in the biological reactions they should be involved in.

Low mineral levels indicate their low effectiveness, due to insufficient content in the diet, to impeded absorption (for example by antagonist minerals) and to excessive elimination.

#### **MINERAL EVO**

This profile researches and identifies 38 minerals, divided in:

- Nutrient minerals
- Toxic minerals
- Other minerals

Often it is not sufficient to evaluate the concentration of the minerals, but their ratio to enable interpreting the general state of health of the person. In the profile offered by Natrix, the ratios are all calculated between the various nutrient minerals and between the nutrient and toxic minerals.

### WHO SHOULD TAKE THE TEST

Mineral Evo is recommended for everyone, to evaluate their general state of health and prevent intoxication from metals, but it is particularly recommended in the following cases:

- Polluted work or home environment
- Presence of dental amalgams
- Unbalanced diet
- Use of drugs and supplements
- Mood swings, anxiety, irritability
- Weakened immune system
- Frequent infections and inflammation
- Mental and physical stress
- Chronic fatigue
- Digestive or gastrointestinal problems
- Headache/cephalea
- Muscle and joint pain
- Muscular cramps and spasms
- Hormone imbalance

### THE IMPORTANCE OF PREVENTION

It is fundamental to control and monitor our state of health and any intoxication.

The lifestyle we are increasingly facing of fast pace, poor eating habits, environmental pollution and everyday stress all aid in altering our general state of health.

MINERAL EVO evaluates all the physiological and toxic minerals, which can give more precise information and indications about the various causes for symptoms and syndromes or they can help to monitor the person's improvement and progress, to provide instruments able to correct or alleviate the alterations and problems.

